

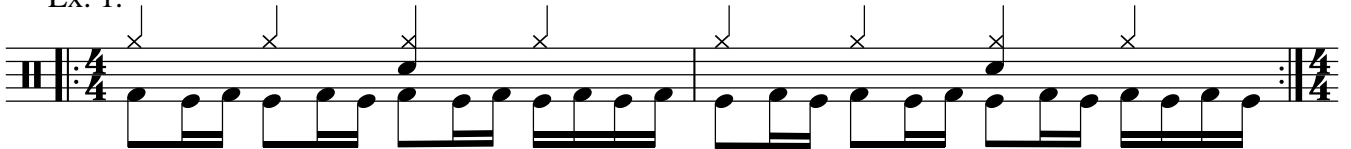
# Double Bass Drum workout part 2...

## 3's, 5's & 7's in 4/4.

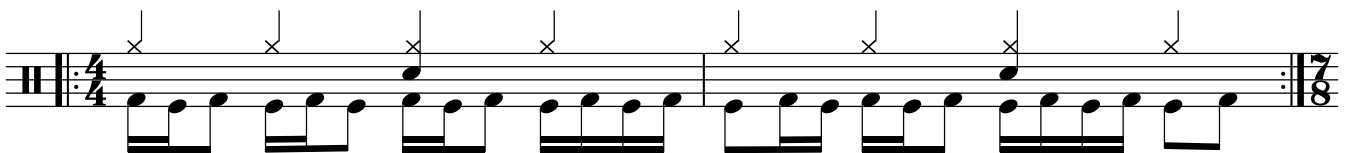
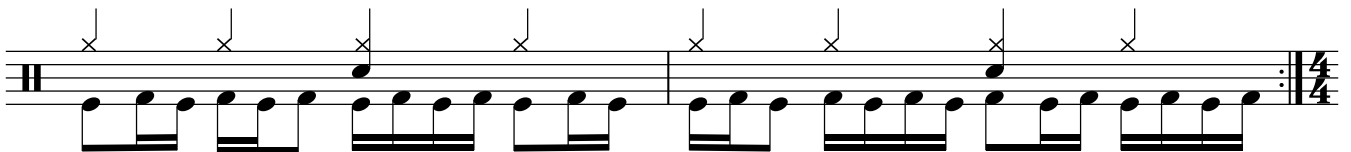
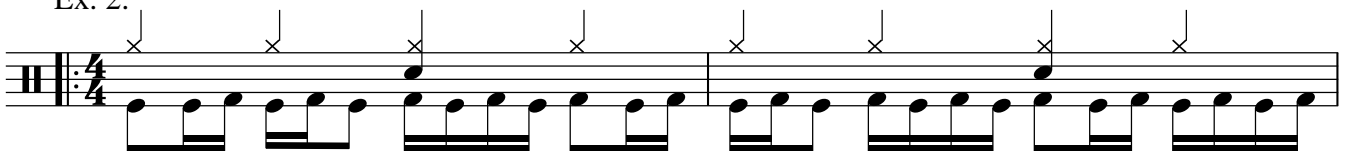
Copyright danielluttick.com 2005

Here are some more exercises utilizing 3, 5 & 7 stroke rolls, this time in 4/4. Again, the idea here is to start slowly and build the tempo to a comfortable level. Speed is not the key to these exercises, developing control with the feet is the main goal. Try your own combinations when you become comfortable with the following.

Ex. 1.



Ex. 2.



Here are some examples in odd times.

